



2019 Atlantis Crown Schedule of Events

FRIDAY

RHYTHMIC GYMNASTICS

LEVEL 3, 4 & XCEL

8:00am Gym Opens
8:45am - 8:55am Open Competition Carpet
9:00am - 9:45am Competition
10:00am Awards

LEVEL 5

9:45am - 10:00am Open Competition Carpet
10:00am - 11:15am Competition
11:30am Awards

LEVEL 6 & INTERMEDIATE GROUP

11:15am - 11:25am Timed Warm-up - Int Group (MG 5 min, IK 5 min)
11:25am - 11:30am Timed Warm-up - Level 6
11:30am - 12:40pm Competition
1:00pm Awards

LEVEL 7 Junior A

1:00pm - 1:10pm Open Competition Carpet
1:10pm - 2:25pm Competition
2:40pm Awards

LEVEL 7 Junior B & LEVEL 8

2:25pm - 2:35pm Open Competition Carpet
2:35pm - 4:10pm Competition
4:30pm Awards + Int Group Awards

LEVEL 9 Hope, Junior & LEVEL 10 Hope

4:10pm - 4:20pm Open Competition Carpet
4:20pm - 5:40pm Competition
6:00pm Awards

LEVEL 9 Senior & LEVEL 10 Senior

5:40pm - 6:10pm Open Competition Carpet
6:10pm - 7:35pm Competition
7:50pm Awards