



2019 Atlantis Crown Schedule of Events



THURSDAY

PRACTICE TRAINING SESSION #1

GYM A

Women's Levels 6 – 10,
Xcel Gold, Xcel Platinum, &
Xcel Diamond

TRAINING SESSION 1

GYM B

Women's Levels 1 – 5, Xcel
Bronze, & Xcel Silver

8:00am – 12:00pm

GYM C

Rhythmic Gymnastics

Imperial Ballroom

PRACTICE TRAINING SESSION #2

GYM A

Women's Levels 6 – 10,
Xcel Gold, Xcel Platinum, &
Xcel Diamond

TRAINING SESSION 2

GYM B

Women's Levels 1 – 5, Xcel
Bronze, & Xcel Silver

12:30pm – 4:30pm

GYM C

Rhythmic Gymnastics

Imperial Ballroom

***Men's Levels 4-10 and JD's will have Open Training on Saturday evening from 6:30pm to 8:30pm in Gym B**

OPENING CEREMONY

Athlete Staging – 6:00pm **(All Athletes)**

Doors Open – 6:00pm

OPENING CEREMONY – 7:00pm

LOCATED IN THE IMPERIAL BALLROOM

