



2022 Atlantis Crown Schedule of Events



THURSDAY

PRACTICE TRAINING SESSION #1

GYM A

Women's Levels 6 – 10, Elite
Xcel Gold (Session 17),
Xcel Platinum (Session 17),
& Xcel Diamond

GYM B

Women's Levels 1 – 5,
Xcel Bronze, Xcel Silver, Xcel Gold (Session 12),
Xcel Platinum (Session 14)
Boys (All Levels)

TRAINING SESSION 1

8:30am – 11:30am

Imperial Ballroom

PRACTICE TRAINING SESSION #2

GYM A

Women's Levels 6 – 10, Elite
Xcel Gold (Session 17),
Xcel Platinum (Session 17),
& Xcel Diamond

GYM B

Women's Levels 1 – 5,
Xcel Bronze, Xcel Silver, Xcel Gold (Session 12),
Xcel Platinum (Session 14)
Boys (All Levels)

TRAINING SESSION 2

12:00pm – 4:00pm

Imperial Ballroom

OPENING CEREMONY

Athlete Staging – 6:00pm **(All Athletes)**

Doors Open – 6:00pm

OPENING CEREMONY – 7:00pm

LOCATED IN THE IMPERIAL BALLROOM

